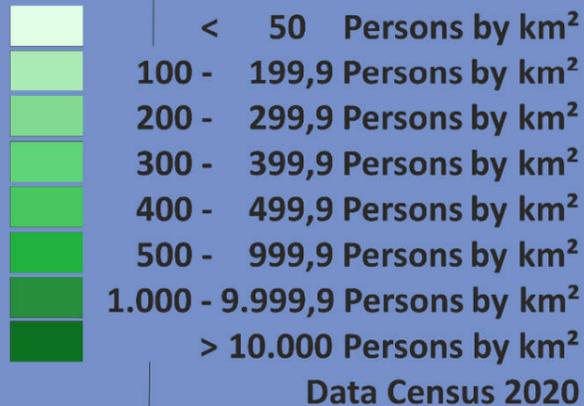


Philippines

Population density



Name of the region, consisting of acronyms of the province names

CALABARZON

CAvite, LAGuna, BAtagang, RiZal, and QuezON

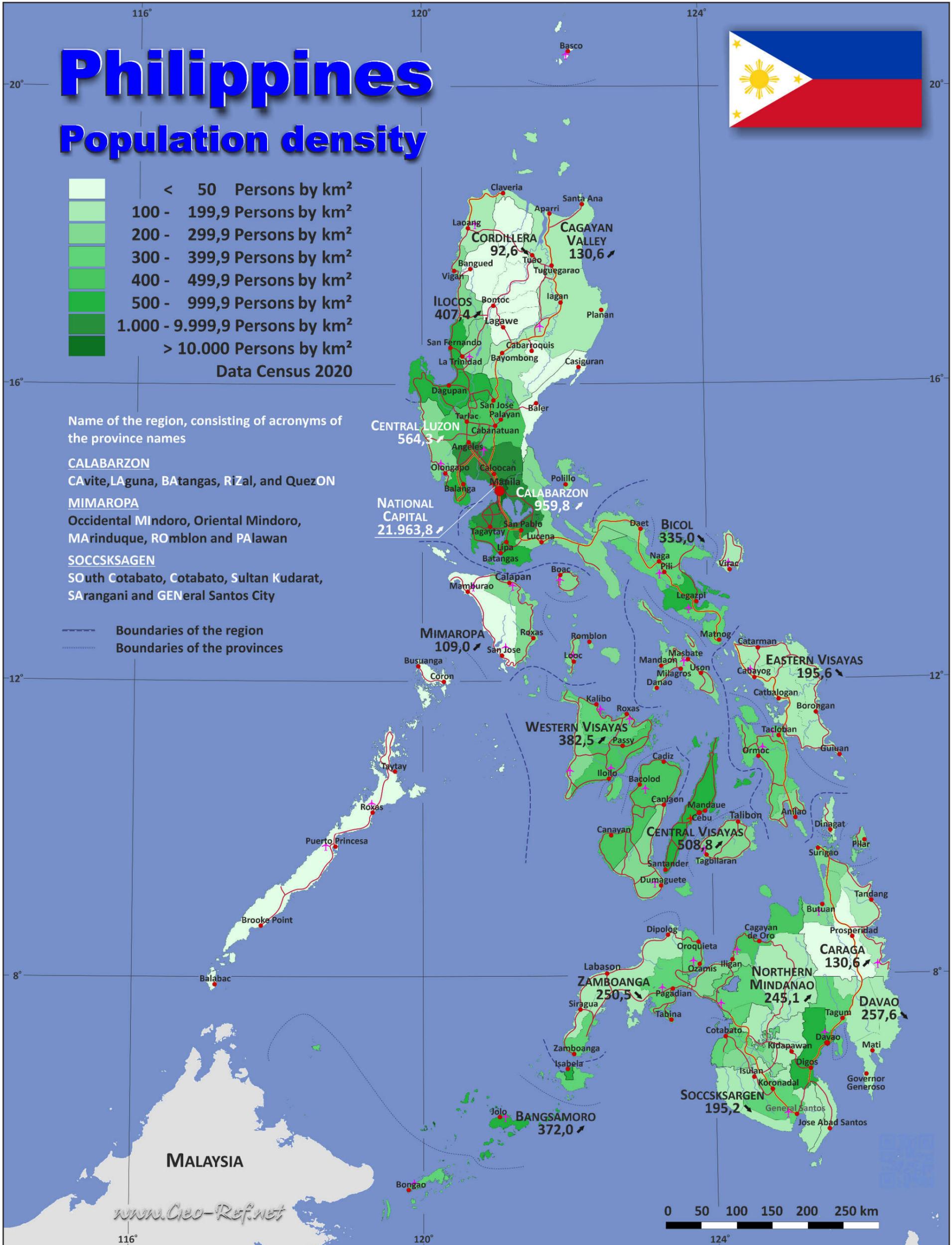
MIMAROPA

Occidental MiNdoro, Oriental Mindoro, MArinduque, ROmblon and PALawan

SOCCKSAGEN

SOuth Cotabato, Cotabato, Sultan Kudarat, SArangani and GEneral Santos City

--- Boundaries of the region
 - - - Boundaries of the provinces



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Administrative division Philippines

Division by Region

Census 2022

Region	ISO 3166-2	Capital	Area km ²	Population	Density Persons/km ²
Bangsamoro - Autonomous Region in Muslim Mindanao (ARMM)	PH-14	Cotabato City	13.292,0	4.944.800	372,0
Bicol Region (Region V)	PH-05	Legazpi City	18.155,8	6.082.165	335,0
Cagayan Valley (Region II)	PH-02	Tuguegarao City	28.228,8	3.685.744	130,6
CALABARZON (Region IV-A)	PH-40	Calamba City	16.873,3	16.195.042	959,8
Caraga Region (Region XIII)	PH-13	Butuan	21.478,4	2.804.788	130,6
Central Luzon (Region III)	PH-03	San Fernando City	22.014,6	12.422.172	564,3
Central Visayas (Region VII)	PH-07	Cebu City	15.886,0	8.081.988	508,8
Cordillera Administrative Region (CAR)	PH-15	Baguio City	19.422,0	1.797.660	92,6
Davao Region (Region XI)	PH-11	Davao City	20.357,4	5.243.536	257,6
Eastern Visayas (Region VIII)	PH-08	Tacloban	23.251,1	4.547.150	195,6
Ilocos Region (Region I)	PH-01	San Fernando City	13.012,6	5.301.139	407,4
MIMAROPA (Region IV-B)	PH-41	Calapan City	29.620,9	3.228.558	109,0
National Capital Region (NCR)	PH-00	Manila	613,9	13.484.462	21.963,8
Northern Mindanao (Region X)	PH-10	Cagayan de Oro	20.496,0	5.022.768	245,1
SOCCSKSARGEN (Region XII)	PH-12	Koronadal City	22.337,3	4.360.974	195,2
Western Visayas (Region VI)	PH-06	Iloilo City	20.794,2	7.954.723	382,5
Zamboanga Peninsula (Region IX)	PH-09	Pagadian City	15.471,7	3.875.576	250,5
Total			321.306,0	109.033.245	339,3

Division by Province

Census 2022

Province	ISO 3166-2	Region	Capital	Area km ²	Population	Density Persons/km ²
Abra	PH-ABR	CAR	Bangued	4.165,3	250.985	60,3
Agusan del Norte (City of Butuan)	PH-AGN	XIII	Cabadbaran	3.546,9	760.413	214,4
Agusan del Sur	PH-AGS	XIII	Prosperidad	9.989,5	739.367	74,0
Aklan	PH-AKL	VI	Kalibo	1.821,4	615.475	337,9
Albay	PH-ALB	V	Legazpi	2.575,8	1.374.768	533,7
Antique	PH-ANT	VI	San Jose	2.729,2	612.974	224,6
Apayao	PH-APA	CAR	Kabugao	4.413,4	124.366	28,2
Aurora	PH-AUR	III	Baler	3.147,3	235.750	74,9
Basilan	PH-BAS	ARMM	Lamitan	1.327,2	426.207	321,1
Bataan	PH-BAN	III	Balanga	1.373,0	853.373	621,5
Batanes	PH-BTN	II	Basco	219,0	18.831	86,0
Batangas	PH-BTG	IV-A	Batangas City	3.119,7	2.908.494	932,3
Benguet (Baguio City)	PH-BEN	CAR	La Trinidad	2.826,6	827.041	292,6
Biliran	PH-BIL	VIII	Naval	536,0	179.312	334,5
Bohol	PH-BOH	VII	Tagbilaran	4.821,0	1.394.329	289,2
Bukidnon	PH-BUK	X	Malaybalay	10.498,6	1.541.308	146,8
Bulacan	PH-BUL	III	Malolos	2.796,1	3.708.890	1.326,5
Cagayan	PH-CAG	II	Tuguegarao	9.295,8	1.268.603	136,5
Camarines Norte	PH-CAN	V	Daet	2.320,1	629.699	271,4
Camarines Sur	PH-CAS	V	Pili	5.497,0	2.068.244	376,2
Camiguin	PH-CAM	X	Mambajao	238,0	92.808	390,0
Capiz	PH-CAP	VI	Roxas	2.594,6	804.952	310,2
Catanduanes	PH-CAT	V	Virac	1.492,2	271.879	182,2
Cavite	PH-CAV	IV-A	Imus City	1.574,2	4.344.829	2.760,1
Cebu (City of Cebu, Lapu-Lapu, Mandaue)	PH-CEB	VII	Cebu City	5.342,0	5.151.274	964,3
City of Isabela	-	IX	City of Isabela	219,9	130.379	592,9
Cotabato (North Cotabato)	PH-NCO	XII	Kidapawan	9.008,9	1.275.185	141,5
Davao de Oro (Compostela Valley)	PH-COM	XI	Nabunturan	4.479,8	767.547	171,3
Davao del Norte	PH-DAV	XI	Tagum	3.427,0	1.125.057	328,3
Davao del Sur (City of Davao)	PH-DAS	XI	Digos	4.607,6	2.457.430	533,3
Davao Occidental	PH-DVO	XI	Malita	2.163,5	317.159	146,6
Davao Oriental	PH-DAO	XI	Mati	5.679,6	576.343	101,5
Dinagat Islands	PH-DIN	XIII	San Jose	1.036,3	128.117	123,6
Eastern Samar	PH-EAS	VIII	Borongan	4.660,5	477.168	102,4
Guimaras	PH-GUI	VI	Jordan	604,6	187.842	310,7
Ifugao	PH-IFU	CAR	Lagawe	2.628,2	207.498	79,0
Ilocos Norte	PH-ILN	I	Laoag	3.467,9	609.588	175,8
Ilocos Sur	PH-ILS	I	Vigan	2.596,0	706.009	272,0

Province	ISO 3166-2	Region	Capital	Area km ²	Population	Density Persons/km ²
Iloilo (City of Iloilo)	PH-ILI	VI	Iloilo City	5.079,2	2.509.525	494,1
Interim Province	-	ARMM	-	542,8	215.433	396,9
Isabela	PH-ISA	II	Iligan	12.414,9	1.697.050	136,7
Kalinga	PH-KAL	CAR	Tabuk	3.231,3	229.570	71,0
La Union	PH-LUN	I	San Fernando	1.497,7	822.352	549,1
Laguna	PH-LAG	IV-A	Santa Cruz	1.917,9	3.382.193	1.763,5
Lanao del Norte (City of Iligan)	PH-LAN	X	Tubod	4.159,9	1.086.017	261,1
Lanao del Sur	PH-LAS	ARMM	Marawi	3.741,0	1.195.518	319,6
Leyte (inc. City of Tacloban)	PH-LEY	VIII	Tacloban	6.515,1	2.028.728	311,4
Maguindanao del Norte (Cotabato City)	PH-MAG	ARMM	Datu Odin Sinsuat	2.551,0	943.500	369,9
Maguindanao del Sur	-	ARMM	Buluan	2.460,0	723.758	294,2
Marinduque	PH-MAD	IV-B	Boac	952,6	239.207	251,1
Masbate	PH-MAS	V	Masbate City	4.151,8	908.920	218,9
Misamis Occidental	PH-MSC	X	Oroquieta	2.055,2	617.333	300,4
Misamis Oriental (City of Cagayan de Oro)	PH-MSR	X	Cagayan de Oro	3.544,3	1.685.302	475,5
Mountain Province	PH-MOU	CAR	Bontoc	2.157,4	158.200	73,3
N.C.R., 1st District (Capital District, Manila)	PH-NCR1	NCR	Manila	42,9	1.846.513	43.062,3
N.C.R., 2nd District (Eastern Manila District)	PH-NCR2	NCR	Quezon	236,4	4.771.371	20.186,9
N.C.R., 3rd District (CAMANAVA District)	PH-NCR3	NCR	Caloocan	126,4	3.004.627	23.767,0
N.C.R., 4th District (Southern Manila District)	PH-NCR4	NCR	Tagaytay	208,3	3.861.951	18.542,1
Negros Occidental (City of Bacolod)	PH-NEC	VI	Bacolod	7.965,2	3.223.955	404,8
Negros Oriental	PH-NER	VII	Dumaguete	5.385,5	1.432.990	266,1
Northern Samar	PH-NSA	VIII	Catarman	3.692,9	639.186	173,1
Nueva Ecija	PH-NUE	III	Palayan	5.751,3	2.310.134	401,7
Nueva Vizcaya	PH-NUV	II	Bayombong	3.975,7	497.432	125,1
Occidental Mindoro	PH-MDC	IV-B	Mamburao	5.865,7	525.354	89,6
Oriental Mindoro	PH-MDR	IV-B	Calapan	4.238,4	908.339	214,3
Palawan (City of Puerto Princesa)	PH-PLW	IV-B	Puerto Princesa	17.030,8	1.246.673	73,2
Pampanga (City of Angeles)	PH-PAM	III	San Fernando	2.062,5	2.900.637	1.406,4
Pangasinan	PH-PAN	I	Lingayen	5.451,0	3.163.190	580,3
Quezon (City of Lucena)	PH-QUE	IV-A	Lucena	9.069,6	2.229.383	245,8
Quirino	PH-QUI	II	Cabarroguis	2.323,5	203.828	87,7
Rizal	PH-RIZ	IV-A	Antipolo	1.191,9	3.330.143	2.793,9
Romblon	PH-ROM	IV-B	Romblon	1.533,5	308.985	201,5
Samar (Western Samar)	PH-WSA	VIII	Catbalogan	6.048,0	793.183	131,1
Sarangani	PH-SAR	XII	Alabel	3.601,3	558.946	155,2
Siquijor	PH-SIG	VII	Siquijor	337,5	103.395	306,4

Province	ISO 3166-2	Region	Capital	Area km ²	Population	Density Persons/km ²
Sorsogon	PH-SOR	V	Sorsogon City	2.119,0	828.655	391,1
South Cotabato (City of General Santos)	PH-SCO	XII	Koronadal	4.428,8	1.672.791	377,7
Southern Leyte	PH-SLE	VIII	Maasin	1.798,6	429.573	238,8
Sultan Kudarat	PH-SUK	XII	Isulan	5.298,3	854.052	161,2
Sulu	PH-SLU	ARMM	Jolo / Patikul	1.516,0	1.000.108	659,7
Surigao del Norte	PH-SUN	XIII	Surigao City	1.972,9	534.636	271,0
Surigao del Sur	PH-SUR	XIII	Tandag	4.932,7	642.255	130,2
Tarlac	PH-TAR	III	Tarlac City	3.053,6	1.503.456	492,4
Tawi-Tawi	PH-TAW	ARMM	Bongao	1.154,0	440.276	381,5
Zambales (City of Olongapo)	PH-ZMB	III	Iba	3.830,8	909.932	237,5
Zamboanga del Norte	PH-ZAN	IX	Dipolog	6.284,0	1.047.455	166,7
Zamboanga del Sur (City of Zamboanga)	PH-ZAS	IX	Pagadian	5.360,0	2.027.902	378,3
Zamboanga Sibugay	PH-ZSI	IX	Ipil	3.607,8	669.840	185,7
Total				321.306,0	109.033.245	339,3

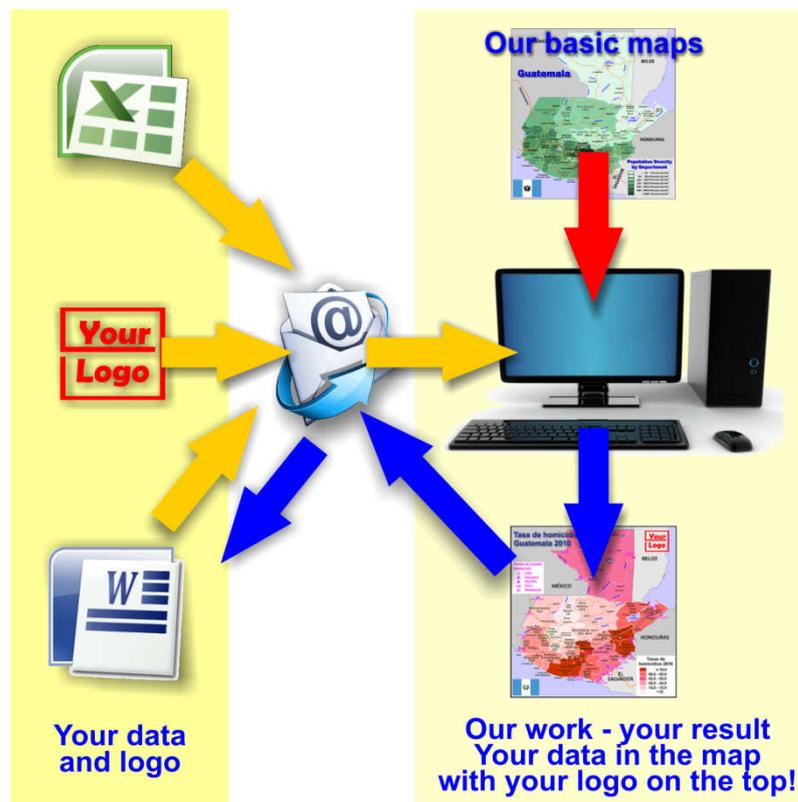
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